



# Volleyball

Districts are encouraged to follow the technical information and guidelines found within this manual at all times. When changes are necessary at the District level, participants who qualify for Ontario 55+ Winter Games must be made aware that the following rules will be in use at Ontario 55+ Winter Games.

A) FORMAT OF PLAY – MEN’S, WOMEN’S & CO-ED TEAMS

Division	Age Category	Number of Participants (maximum)
Women	55+, 65+	Ten (10) per age group Minimum seven (7)
Men	55+, 65+	Ten (10) per age group Minimum seven (7)
Mixed	55+, 65+	Five (5) Women & Five (5) Men, per age group. Minimum eight (8) (4 men, 4 women)
Participants may compete in only one division at Ontario 55+ Winter Games		

Any persons not present at the scheduled commencement of play and throughout the competition are in default and are automatically disqualified from the competition. Competitors are obligated to complete the event regardless of their record in the competition. If a team defaults part way through the competition, the results of that team will be removed from the standings. The organizers shall have an extra team available to play as a “floater” team in case there is an uneven number of teams or in case a team defaults. This team’s results will not count in the final standings.

**If there are any questions regarding rulings, the OSGA Winter Games Technical Manual will be considered correct.**

B) ELIGIBILITY

Event	Requirements
District Games	Any person 55+ living in Ontario
Ontario 55+ Winter Games ( Provincial Championships)	Gold Medal Winners – District competition
<b>NOTE:</b> Previous Ontario 55+ Summer and Winter Games and Canada Games winners are still eligible to compete at the District and Ontario 55+ Winter Games level.	

### C) TOURNAMENT SET-UP

1. Play will be Round Robin format, followed by a playoff, if time permits.
2. **If possible, playoffs will consist of a Medal Round and a Consolation Round. The split will be determined by the number of teams participating. No more than 8 teams will qualify for the Medal Rounds.**
3. The number of teams and the number of facilities available will determine the number of points per set and the number of sets per match. This will ensure that the round robin and the playoffs can be completed in the allotted time.
4. A set will consist of 2 games **with a time limit of 45 minutes for a set. In the Play-offs, a set will consist of the best 2 out of 3 games**

### Determining the Winners

1. In the Round Robin, the winning team in any **game** will be awarded **two (2)** tournament points. The losing team will receive **zero (0)**
2. Placings in the Round Robin will determine seeding for the playoff format.
3. If at the conclusion of the Round Robin, there is a tie for placings, the following procedure will be used to break the tie:
  - a. Results of head to head games;
  - b. If necessary, the points scored for divided by the points scored against with the highest quotient winning;
  - c. If necessary, then an extra game to 15 points should be played between the teams that are tied

### D) AWARDS

<b>Gold (60)</b>	Men's Team 55+ Men's Team 65+	Women's Team 55+ Women's Team 65+	Mixed Team 55+ Mixed Team 65+
<b>Silver (60)</b>	Men's Team 55+ Men's Team 65+	Women's Team 55+ Women's Team 65+	Mixed Team 55+ Mixed Team 65+
<b>Bronze (60)</b>	Men's Team 55+ Men's Team 65+	Women's Team 55+ Women's Team 65+	Mixed Team 55+ Mixed Team 65+

### E) RULE SOURCE

OCAA Playing Regulations with the exceptions listed under "Tournament Set-Up" and "Volleyball Rules Summary."

#### Websites

[www.volleyball.ca](http://www.volleyball.ca)

[www.ontariovolleyball.org](http://www.ontariovolleyball.org) (see Indoor, then Officials, then Handbook & Regulations)

## F) EVENT REQUIREMENTS

- Equipment**
1. The net height will be set at 2.43 metres for both men's 55+ and co-ed 55+ competitions.
  2. The net height will be set at 2.34 metres for both men's 65+ and co-ed 65+.
  3. The net height will be set at 2.24 metres for women's competition.
  4. Players' jerseys must be numbered at least on the back, to allow referees to properly identify player rotation and substitutions.
- Facilities**
1. The facility must have well-marked, regulation size volleyball courts (minimum of two).
  2. The facility shall be wheel chair accessible.

## G) OFFICIALS

The OSGA requires, at minimum, the following major officials for Ontario 55+ Winter Games:

For District Games, the following are only a suggestion. Participation numbers and availability of volunteers may result in fewer officials being required. Districts are encouraged to try to have the necessary officials to run the event successfully.

- A) One (1) Convenor
- B) One (1) Referee & One (1) Umpire per court
- C) Two (2) Linespersons per court (if available)
- D) One (1) Master Scorer
- E) Two (2) Scorekeepers

The host committee will ensure that all major officials have the required qualifications as specified by the OSGA at least one year prior to Ontario 55+ Winter Games. The host committee is also responsible for any other officials required to host this event.



## Volleyball Rules Summary

1. A medical examination two months prior to the event is strongly suggested.
2. A district may send a team with only six (6) participants but must realize that any attempt to play with less than six (6) players will result in forfeit of that game.
3. In the Mixed Divisions, there must be 3 Males and 3 Females on the court at all times.
4. There will be unlimited substitutions per set. One or more players may be substituted at the same time.
5. There is no limit to the number of times a player may leave or re-enter the set as long as he/she leaves for the same player in the same position in the rotational ratio and the male/female order is maintained.
6. The method of substitution shall be left up to a team provided the method is declared at the start of a set and is used throughout the set. e.g. one to one, or rotation  
The same substitution method does not need to be used by both teams.
7. Exceptional substitutions **ARE** permitted. An injured or ill player should be substituted legally. If this is not possible, the team is entitled to make an **EXCEPTIONAL SUBSTITUTION**. Any player of the same gender who is not on the court at the time of the injury/illness may substitute into the game for the injured/ill player. The replaced player is not allowed to re-enter during the set.
8. Libero players may be used as stated in the OVA rules.
9. For safety reason, a player **CANNOT** hit the ball with any part of the body below the knee.
10. Gloves and wrist supports **ARE** permitted. Track pants or shorts may be worn along with the team shirt.
11. A game (except in the deciding set) is won by the team which first scores twenty-five (25) points first with a minimum of a two (2) point lead to a maximum of 27.  
The deciding game of a match is won by the team which first scores fifteen (15) points with a minimum of two (2) point lead.
12. Only two time-outs are permitted per set.

