

Canada 55+ Games
Event List

Event	Categories	Age	Age	Age	Age
Candle Stick Bowling	Teams	55 -64	65-74	75+	85+
	Singles Men	55- 64	65 -74	75+	85+
	Singles Women's	55- 64	65 -74	75+	85+
8 ball	Men's/Women's	55+	65+	75+	
Badminton	Women/Men/Mixed Doubles	55+	65+	75+	
Cribbage	Open Pairs	55+			
Contract Bridge	Open Pairs	55+			
Cycling	Recreational (Men/Women)	55+	65+	75+	
	Competitive (Men/Women)	55+	65+	75+	
Darts	Women/Men Singles	55+	65+	75+	
Duplicate Bridge	Open Pairs	55+			
Floor Shuffleboard	Open Doubles	55+	70+		
Golf	Women/Men Callaway Mod.	55+			
	Women/Men (Low Net)	55+			
	Women/Men (low Gross)	55+	65+	75+	80+ 85+
Horseshoes	Women/Men Singles (A,B,C,D)	55+	65+		
Ice Curling	Women's / Men's Team	55+	65+		
	True Mixed Team	55+	65+		
Ice Hockey	Women's / Men's Team	55+			
	Men's Team		60+	65+	70+ 75+?
Lawn Bowling	Men/Women/Mixed Doubles	55+	70+		
Pickleball	Men/Women/Mixed Doubles	55+	65+	75+	
Scrabble	Open Singles	A (1100+)	B (700-1099+)	C (0 -699+)	
Slo-Pitch	Mixed Team	55+			
	Open Team	55+	65+	70+	
Swimming	Men/Women Relay	55+	60+	65+	70+ 75+/80+/85+
	Men/ Women Prediction	55+			
Tennis	Men/Women/Mixed Doubles	55+	65+	75+	
Track & Field	Women/Men Pick up to 4 events	55+	60+	65+	70+ 75+/80+/85+
Prediction Walking	Women/ Men	55+			
Whist	Open Pairs	55+			
Bonus Event					
5KM Run	Women/Men	55+	65+		
10KM Run	Women/Men	55+	65+		
Demo Events					
Washer Toss	Open Doubles	55+			
Ladder Golf	Open	55+			