



Concussion Policy

The OSGA takes seriously the health and well-being of all participants to ensure a safe playing environment and to prevent injuries.

A concussion is a clinical diagnosis made by a medical doctor. It is critical that someone with a suspected concussion be examined by a medical doctor or nurse practitioner.

OSGA has a role to play in ensuring the safety of those participating in physical activity and for encouraging and motivating participants to assume responsibility for their own safety and the safety of others.

OSGA recommends that anyone playing in games such as pickle ball, curling, skating, hockey, and baseball, should use safety equipment such as goggles, helmets, and grippers.

OSGA will abide by all Municipal bylaws and codes related to concussion protocol and management.