

55+ Summer Games Registration Form 2020
District 22 Hamilton Wentworth

Registration Deadline: April 24, 2020

PLEASE PRINT

Name: _____

Address: _____ City: _____ Postal Code: _____

Telephone: (____) _____ Email: _____

Gender: Male / Female Age _____ (Participants must be 55 years old prior to December 31, 2020)

Do you intend to represent the District at the Summer Provincial Games (Peterborough, Ont. Aug 2020) Yes / No

I authorize the District 22 Hamilton Wentworth use of any photographs or written reports of me relating to my involvement or participation in this year's games and events.

Participant's Signature _____ **Date** _____

	EVENT(S)	AGE DIVISION 55+,65+,75+	PARTNER(S)	AVERAGE(S) (i.e. bowling, golf)	EVENT	TOTAL
1 ST					\$12.00	
2 ND					\$3.00	
3 RD					\$3.00	
4 TH					\$3.00	
5 TH					\$3.00	

HOW TO REGISTER:

- All sections of the registration form must be completed and payment included
- Please pay by cash/ cheque only and made payable to District 22 Hamilton Wentworth 55+ Games

Mail form/cheque to: 622 Alberton Road South, Alberton, Ontario L0R 1A0

or drop off completed forms/money at ASAC, Sackville Hill Senior Centre or Flamborough Senior Centre.

TOTAL =
\$ _____

Please see reverse side for Participant rules and information.

PARTICIPANT NOTES & RULES

1. General Eligibility – Participants must be a resident of Ontario and be 55+ (65+, 75+) by 12:00 Midnight December 31st in the year of the event as well as limit their competition to just one District and generally it is the District in which the participant resides.
2. All participants are required to complete and sign the attached waiver form before playing.
3. Late registrations may be accepted prior to event date if they can be accommodated in the schedule and registrations may be accepted on event day at the discretion of the convenor.
4. Rules and Event Formats – Outlined at www.osga55plus.ca under Events and will be reviewed in full on event day. We ask that participants arrive 15-30 minutes before the posted start time in the Events Calendar unless otherwise notified
5. Event Cancellation and Refund Policy – An event may only be cancelled by the OSGA 55+ office and refunds will be issued. In the event of a withdrawal, participants must notify the OSGA 55+ office prior to the event date or on event day please contact the event convener directly – refunds may be issued according to the Ontario 55+ Games Refund Policy as outlined at www.osga55plus.ca under Downloads – Governance.

District #22
Hamilton Wentworth 55+Games
Event List

Bocce-Open Doubles	Swimming-Prediction-200m-Men & Women 55+
Bowling (Five Pin)-Open Team(5 players) 55+	Swimming-Prediction-100m-Men & Women 65+
Carpet Bowling-Open Doubles	Swimming-Open Sprint-50m-Men & Women 55+
Contract Bridge-Open Doubles	Swimming-Open Sprint-25m-Men & Women 65+,75+
Cycling-Prediction- 5 km Men &Women 55+	Swimming-Four Sprint Medley-50m Men 55+
Cycling-10km Time Trial Men & Women 55-64, 65+	Swimming Four Sprint Medley-50km-Women 55+
Darts-Open Doubles	Swimming Four Sprint Medley-25km Men 65+,75+
Duplicate Bridge –Open Doubles	Swimming Four Sprint Medley-25km-Women 65+,75+
Euchre-Open Doubles	Tennis-Doubles-Men 55-64, 64-75, 75+
Golf-Callaway Men & Women55-64, 65-74, 75+	Tennis-Doubles-Women 55-64,65-74,75+
Lawn Bowling-Mixed Triples	Tennis-Doubles-Mixed- 55-64,65-74,75+
Nordic Walk-Prediction-1 km Men & Women	Walking Prediction-3km-Men & Women 55+
Nordic Walk-Prediction-3km-Men & Women	Walking Prediction-1600m- Men & Women 75+
Pickleball 55-64, 65+ Women	
Pickleball 55-64, 65+ Men	
Pickleball-Doubles-Mixed 55-64	
Pickleball-Doubles-Mixed 65+	
Run-Prediction-5km-Men & Women 55+	
Shuffleboard- Open Doubles	

THE ONTARIO SENIOR GAMES ASSOCIATION
RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT (For Participants)

WARNING! By signing this document, you will waive certain legal rights. Please read carefully

1. This is a binding legal agreement; therefore, clarify any questions or concerns before signing. As a participant in the activities, programs and events of the Ontario Senior Games Association (collectively the "Activities"), the undersigned acknowledges and agrees to the following terms:

Disclaimer

2. The Ontario Senior Games Association, and its directors, officers, members, employees, coaches, volunteers, officials, participants, agents, sponsors, organizers, districts, and representatives, in addition to the Province of Ontario, all municipalities within the OSGA designated District, (the "Organizations") are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a participant or volunteer during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organizations.

I have read and agree to be bound by paragraphs 1 and 2

Description of Risks

3. I am aware that the Activities which I am entering, may be extremely difficult and hazardous even for well-conditioned athletes under the most favorable conditions.
4. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities. The risks, dangers and hazards include, but are not limited to, injuries from:
- a) The risks, dangers and hazards particular to the Activities in which I am participating;
 - b) Exerting and stretching various muscle groups;
 - c) Vigorous physical exertion, strenuous cardiovascular workouts and rapid movements;
 - d) Failing to play safely or within one's ability or to remain with designated areas;
 - e) Physical contact with other people;
 - f) Failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - g) Failing to comply with the rules established for participation;
 - h) Falling, tumbling or hitting other surfaces;
 - i) Falling to the ground due to uneven, slippery or irregular surfaces;
 - j) Contacting, colliding or being struck by other individuals, equipment, stands, or benches;
 - k) Extreme conditions which may result in heatstroke, hypothermia, heart attack, stroke, dehydration or any other condition that results from being exhausted.

Agreement to Terms and Release of Liability

5. In consideration of the Organizations allowing me to participate, I agree:
- a) That my physical condition has been verified by a medical doctor to participate in the Activities and no medical condition will be worsened by my participation in the Activities;
 - b) That I have trained adequately for the Activities;
 - c) That the sole responsibility for my safety remains with me;
 - d) To remove myself if I sense or observe any unusual hazard or unsafe condition; or feel unable or unfit to safely continue;
 - e) To ASSUME all risks arising out of, associated with, or related to, my participation;
 - f) To WAIVE any and all claims that I may have against the Organizations now or in the future;
 - g) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events, and programs of the Organizations; and
 - h) To FOREVER RELEASE the Organizations from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I may have now or in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of contract and/or breach of any statutory duty of care of the Organizations.

I have read and agree to be bound by paragraphs 3-5

Acknowledgment

6. I acknowledge that I have read this agreement and understand it, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

Signature of Participant

Printed Name of Participant

District

Date