



THE OSGA SENDS HEARTFELT HOLIDAY WISHES TO YOU AND YOURS!

We have all been through a lot this year, but the OSGA is grateful for your engagement and cannot wait for us to be together again. We are hopeful that 2021 will bring brighter days, and encourage you to take time for reflection in the coming days.



As we move into another lockdown we encourage you to stay active while practicing physical distancing and provincial guidelines. By staying physically and mentally active we will get through this and come out stronger!



WALK OUTDOORS

Explore some new trails or revisit your favourite summer walks and discover the beauty in the different seasons!



PLAY CARD GAMES

Engage the people you live with in a games night. If you live alone there are websites where you can play virtually!



SKATE ON THE LAKE

Sharpen your skates and make sure the lake is safe before heading out!



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