

February is Black History Month in Canada

We encourage you to take time this month to continue your lifelong learning by joining virtual events across the province or individual reflection

There is only one race, the human race.



Golf Fore All

2021 Books are Here!

Start looking forward to this summer by getting ready for next year's golf season. Order your copy for only \$43.00

[Click here to download the order form](#)



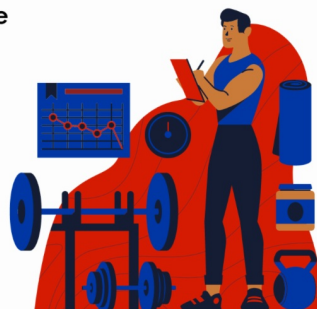
#StayHomeON

In line with the MHSTCI's provincial campaign the OSGA urges everyone to stay safe during these times. With the more infectious strain now in our communities we must work together to keep everyone safe.

#StayHomeON

Together we can stop the spread of COVID-19

- ★ Train at home
- ★ Study strategy
- ★ Play virtually



District 2A

Prior to the current lock down, Timmins had established protocols with their local health officials that would allow a small amount of programs to be run. We are happy to see everyone staying active and safe during these times.



OSGA in the news



Competitive Seniors' Tennis Poised for Growth | ONTennis

2019 Ontario Senior Provincial Championships O55 Men's Singles finalist Graham Watt (left) and champion Kerry Mitchell (right) (photo: Giovanna Andrews)
The Copenhagen Heart Study, an investigation of 20,000 women and men launched in 1975 and...

[Read more
ontennis.ca](http://ontennis.ca)



How Huntsville will spend \$82K in 2019 Ontario 55-Plus...

The 2019 Ontario 55-Plus Winter Games, hosted by the Town of Huntsville, created \$82,076 in legacy funding for reinvestment into the local community, according to an announcement in early 2021.

[Read more
www.muskokaregion.com](http://www.muskokaregion.com)

Reminder: Change of Office

We've closed our physical location at:

Unit 52 - 2455 Cawthra Road.
Mississauga, Ontario
L5A 3P1

Please continue to contact us at:

Telephone: (905) 232-8581
E-mail: info@osga55plus.ca

Mailing:
75 Bobmar Road
Scarborough, Ontario
M1C 1C8



Games Ontario Jeux de l'Ontario



OSGA 55+ | www.osga55plus.ca

