

OSGA MEMBERSHIP RENEWALS

Thank you all for being amazing members of the OSGA!!
As you know OSGA memberships run from April 1st to March 31st.
We are excited to begin renewals on April 1st!
You will receive a link to your email; this link is personalized and cannot be shared

OPEN/INVITATION SWIM MEET

DISTRICT 22 SWIM MEET
Hamilton Wentworth
Date- Wednesday May 10, 2023

Location - Central Memorial Recreation Centre
93 West Avenue South
Hamilton ,ON
L8N 1S1

Time Frame - 1:00 - 4:00pm

We are offering the new OSGA format.
100 and 200 m prediction swims as well as the sprints -
50m Front Stroke,
50m Back Stroke,
50m Breaststroke ,
50m Butterfly ,
100m Front Stroke,
100 m Breaststroke,
100m Individual Medley

Competitors can choose up to 5 swims
We are going to take deck entries on the day of the event.
Note - We are excited to pilot the new proposed OSGA format
Swimmers are asked to bear with us as we work though the logistics of the new format.

This swim meet will be a qualifying event for the 2023 OSGA in Brantford.
Anyone from Ontario who wants to join us must be a paid up member of OSGA and pay a small
entry fee of \$10

CONTACT - Joan Millard
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Check out our MemberPerks!

OSGA offers a premium discount program to its valued members, MemberPerks gives you instant access to discounts from big brands and local shops as well. What's more? OSGA is running a Sign-up to Win contest between April 1st and May 1st, 2023 and win 1 of 8 pairs of Cineplex tickets!

Save on brands like Vitamix, Cirque Du Soleil – Kooza, Apple, Samsung, Canada's Wonderland, and so much more! Sign up today!

Not sure how to sign up for this FREE Perk to you, email the office at info@osga55plus.ca



REGISTER BETWEEN APRIL 1ST & MAY 1ST FOR A
CHANCE TO WIN!
1 OF 8 PAIRS OF CINEPLEX TICKETS ON US

Scan the QR code to get started:



STEP ONE:

Scan the QR code or visit osga55plus.venngo.com to activate your account.



STEP TWO:

Click "Sign up" and follow the instructions.
It's quick and easy!



STEP THREE:

Complete activation by setting up your location for discounts in your area and start saving today!

MemberPerks is available as Venngo in the App Store or Playstore.

All entries must be completed between 12:01 AM EST April 1st 2023 and 11:59 PM EST on May 1st 2023 (the Contest Period). All entries completed during the Contest Period will be eligible for the draw. If your account is cancelled, terminated, or expires during the Contest Period, you will not be eligible to participate in this contest. No purchase is necessary to enter the contest. **Full list of Terms and Conditions available upon request.**

osga55plus.venngo.com



memberperks for OSGA

District 8 - Curling



Ontario Senior Games District 8 Curling

OSGA District 8 held their mixed curling competition on February 28th and March 1st at the Winchester Curling Club. The event was well attended with 8 teams participating representing many areas of our district - Winchester, Cornwall, Morrisburg, Maxville/Alexandria. Team Wert from Cornwall was this year's Gold winner with Charles Wert as Skip, Lise Lalonde (Vice), Frank Wood (Second), and Nancy Simpson (Lead). Team Hogaboam from Winchester won Silver with Bill Hogaboam (Skip), Janet Levere (Vice), Abe Douma (Second), and Janet Thompson (Lead).

We know District 8 will be well represented at the 2024 Provincial Games in Orillia, Ontario in February 2024. The gold medal winner at the provincials will be eligible to represent Ontario at the Canada Games in August 2024 in Three Rivers.

District 2A- Bid Euchre

Bid-Euchre was held on March 19th at the Timmins Senior Centre. Congrats to the winners!



First Place
Julie & Laurie Larcher



Second Place
Anita Larochelle & Arulda Mason



Third Place
Freda Sutton & Fay Dowe

District 11 - Canada 55+ 2022 Summer Games

Frank Ferris - Gold Medal - Men's 400 m Predicted Walk

- Silver Medals - Men's 400 m Walk, 1000 m walk, 1000 m Predicted Walk



Unfortunately, this was his last time participating in the 55+ Games, as Frank passed away on Mar 2, 2023. Frank started participating in the games 23 years ago when he retired, back when they were called Actifest. He got involved in golf, prediction walking, bowling and darts at that time.

Through the years he won countless medals from various events, but more importantly to him was the friendships he made along the way. Frank was always an active, athletic, competitive and social person and the Senior Games provided the perfect platform for him to play in!

He will be dearly missed by all!

DISTRICT 7- Cribbage

District 7 held its winter games cribbage tournament on March 2nd. 12 teams competed with team winners of Gold, Silver and Bronze medals.

Congrats to our winners!



March 18-19 Curling Tournament in Trenton

March 18th and 19th, the 55+ men and women's teams competed in curling at the Trenton Curling Club to secure their spot on Team Ontario for the 2024 Canada 55+ Games.



The **winning men's team** 55+ curling - from left to right David



The **winning women's team** 55+

Furness, Ennio Trignani, Hector Hickey, and Dave Sinclair.

curling - from left to right Linda Baron, Sandra Fletcher, Michelle Somers, and Dorothy Taylor.

Coming Soon



Bronze, Silver & Gold Pins

These pins will be available in April for District to request for their games!

Please email the office at info@osga55plus.ca and be sure to include your District, how many of each, full mailing address.

Bob Secord Award

The Bob Secord Award of Excellence is granted to one female and one male participant annually whom exemplifies the ideals of the OSGA.

For more information, or to nominate someone you think deserves this award visit our website [HERE](#)



Ontario 55+ Summer Games 2023



Summer 2023 Games are in
Brantford ON

August 9-11 2023

The official Brantford Summer Games
website is now live!

Click below:

[Official Summer Games Website](#)

Ontario 55+ Winter Games 2024



Winter 2024 Games will be held in
Orillia ON

February 2024

We look forward to seeing you there!

Official Announcement

OSGA volunteers

The OSGA is always looking for more volunteers. There are different ways that you can get involved:

Board of Directors

It is the time of year again where the OSGA starts looking for interested and qualified individuals to join our Board of Directors. The AGM is in September and most positions stand for a two year term.

Committees

If you have a skillset that could be of use to the OSGA, but do not have the time to serve as a Board Member, we urge you to consider joining one of our committees so we can continue to grow and move forward.

Districts

Our District's have their own committees that work to put on the local Games that you all know and play in. The Districts cannot operate with one person, so building a group to share the workload is imperative.

Please e-mail the office if you have any questions or would like to be connected with someone to talk to about your future volunteer opportunities. info@osga55plus.ca



Games Ontario Jeux de l'Ontario



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