

JUNE is Seniors Month!

Starting in June we are bringing back our monthly fitness challenge!



HAVE FUN IN THE SUN!
Participate in the OSGA's June fitness challenge

Date: June 1 - June 30th
Location: All Districts

This June, challenge yourself and go for a minimum 5 minute walk a day in the sunny weather!
Email info@osga55plus.ca and tell us what you've done for a chance to win some OSGA merch!



The AGM is Coming....

We are delighted to announce our highly anticipated Annual General Meeting will be held in Barrie ON September 24th & 25th at the Allure Hotel. This esteemed gathering will not only provide a platform for crucial discussions and decision-making but also serve as an exciting opportunity to celebrate the spirit of healthy competition, camaraderie, and active living that defines our association. Keep an eye out in your inbox for more information to come!

The OSGA is looking for Sport Expert

Volunteers for the Summer Games!

Expert is a loose term - basically, you are knowledgeable in your chosen sport/event, familiar with the OSGA rules, and willing to do a virtual call with the Brantford chosen sport/event managers to review the sport/event rules and answer any questions they may have.

It is no more than that. It is a few minutes of your time to reassure the sport/event managers Brantford has selected that YES, they can do this!

Your role in this is greatly appreciated and will go a long way to helping these Summer Games be the best that they can be.

If you are interested please contact Sheran Barker at Sheran_ready@hotmail.com

The goal was/is to have at least 2 OSGA volunteers for each event/sport. At this time we need still:

Bid Euchre - 1

Bocce - 2

Carpet Bowling - 1

Contract Bridge - 2

Cribbage - 1

Darts - 2

Euchre - 1

Floor Shuffleboard - 1

Lawn Bowling - 1

Pickleball - 1

Swimming - 1

Tennis - 1

WHAT'S HAPPENING IN OUR DISRICTS

District 5- Darts Tournament

A good time had by all! Thank you to the deep river legion for allowing us to host this event!



Ladies Silver Medal Winners:
Marilyn and Rose



Ladies Gold Medal Winners:
Hazel and Andrea

Ladies Bronze Medal Winners:
Laurie and Suzanne



From left to right. Barb Winn - treasurer,
Jennifer Voates - Pickleball Convenor,
Barb Duce - Convenor- Gravenhurst,
Donna Teravainen - Registration &
Cribbage Convenor,
Lynne Briden - Euchre & Bid Euchre
Convenor - Gravenhurst .

District 2 - Cribbage



DISTRICT 2 SUMMER GAMES—CRIBBAGE QUALIFIER GOLD MEDALISTS

Rolly Martin and his brother Marcel Martin were
the gold medal winners of District 2's OSGA
55+ Summer Cribbage event played at the
Porquis Community Centre on May 5th, 2023

CONGRATULATIONS TO THE WINNERS

District 11- Luncheon

District 2A Held a wonderful luncheon to celebrate all their volunteers and the hard work they
continue to do!



Jere Pike - Golf Convenor, Lynne Briden, Barb
Duce



Lorne Robertson- Shuffleboard, Ruth
Robertson- Gravenhurst/Bracebridge Rep.,
John Teravainen- Cribbage Convenor, Donna
Teravainen- Registration Rep



From left to right. Barb Winn - treasurer, Jennifer Voates - Pickleball Convenor, Barb Duce - Convenor- Gravenhurst, Donna Teravainen - Registration & Cribbage Convenor, Lynne Briden - Euchre & Bid Euchre Convenor - Gravenhurst .

OPEN/INVITATION SWIM MEET FROM District 22

Thank you to District 22 for hosting an exceptional swim meet for our participants!



Way to go District 26!

We are so proud of our 55+ Women's Hockey Team -- yet again! They are receiving a prestigious Kitchener Athletic Award!! What an honour!



Bob Secord Award

The Bob Secord Award of Excellence is granted to one female and one male participant annually whom exemplifies the ideals of the OSGA.

For more information, or to nominate someone you think deserves this award visit our website [HERE](#)



Ontario 55+ Summer Games 2023



Summer 2023 Games are in
Brantford ON

August 9-11 2023

The official Brantford Summer Games
website is now live!

[Official Summer Games Website](#)



Beach Volleyball is coming to Brantford!

The Brantford/County of Brant 2023 Ontario 55+ Summer Games is excited to showcase beach volleyball as one of its demonstration events.

This will be the first-time beach volleyball is offered at an Ontario 55+ Summer Games and have the ability to demonstrate its alignment with the OSGA. Beach volleyball had its beginnings in Hawaii around 1915, however most credit Santa Monica in the mid-1920s for the creation of the current beach volleyball competition rules. Beach volleyball grew in popularity due to the ease of access to public beaches in the inexpensive equipment needed. First introduced as a demonstration sport in 1992 at the Barcelona Olympics, it was officially announced as an Olympic event in 1996.

The Games Organizing Committee for the 2023 Ontario 55+ Summer Games are excited to offer beach volleyball as a demonstration event at our games. We look forward to the competition, friendships and great atmosphere that will be added to our Games.

Ontario 55+ Winter Games 2024



Winter 2024 Games will be held in
Orillia ON

February 2024

We look forward to seeing you there!

[Official Announcement](#)

Lapel Pins are in!

We currently have Gold, Silver and Bronze pins available. Please email

Info@osga55plus.ca with your District and full mailing address to order some!



OSGA volunteers

The OSGA is always looking for more volunteers. There are different ways that you can get involved:

Board of Directors

It is the time of year again where the OSGA starts looking for interested and qualified individuals to join our Board of Directors. The AGM is in September and most positions stand for a two year term.

Committees

If you have a skillset that could be of use to the OSGA, but do not have the time to serve as a Board Member, we urge you to consider joining one of our committees so we can continue to grow and move forward.

Districts

Our District's have their own committees that work to put on the local Games that you all know and play in. The Districts cannot operate with one person, so building a group to share the workload is imperative.

Please e-mail the office if you have any questions or would like to be connected with someone to talk to about your future volunteer opportunities. info@osga55plus.ca



Games Ontario Jeux de l'Ontario



Ontario Senior Games Association | 103-136 Bayfield St, Barrie, L4M 3B1 Canada

[Unsubscribe info@osga55plus.ca](mailto:info@osga55plus.ca)

[Constant Contact Data Notice](#)

Sent by info@osga55plus.ca powered by



Try email marketing for free today!