

Volleyball

Districts are encouraged to follow the technical information and guidelines found within this manual at all times. When changes are necessary at the District level, participants who qualify for Ontario 55+ Winter Games must be made aware that the following rules will be in use at Ontario 55+ Winter Games.

A) FORMAT OF PLAY – MEN’S, WOMEN’S & CO-ED TEAMS

Division	Age Category	Number of Participants (maximum)
Women	55+,	Ten (10) per age group Minimum seven (7)
Men	55+,	Ten (10) per age group Minimum seven (7)
Mixed	55+, 65+	Five (5) Women & Five (5) Men, per age group. Minimum eight (8) (4 men, 4 women)
<p>The minimum number of players for each team must be met or the team will be ineligible to compete.</p> <p>Participants may compete in only one division at Ontario 55+ Winter Games</p>		

Any person not present at the scheduled commencement of play and throughout the competition is in default and is automatically disqualified from the competition. **If there are extenuating circumstances, exceptions to this may be granted by the Event Convenor.**

Teams are obligated to complete the competition regardless of their record. If a team defaults part way through the competition, the results of that team will be removed from the standings. The organizers should have an extra team available to play as a “floater” team in case there is an uneven number of teams or in case a team defaults.

This floater team’s results will not count in the final standings.

If there are any questions regarding rulings, the OSGA Winter Games Technical Manual will be considered correct.

B) ELIGIBILITY

Event	Requirements
District Games	Any person 55+ living in Ontario
Ontario 55+ Winter Games (Provincial Championships)	Gold Medal Winners – District competition
<p>NOTE: Previous Ontario 55+ Summer and Winter Games and Canada Games winners are still eligible to compete at the District and Ontario 55+ Winter Games level, but must qualify at the District level before going to the Winter Provincial Games.</p>	

C) TOURNAMENT SET-UP

1. Play will be in Round Robin format, followed by a playoff, if time permits.
2. If possible, playoffs will consist of a Medal Round and a Consolation Round. The split will be determined by the number of teams participating. No more than 8 teams will qualify for the Medal Rounds.
3. The number of teams and the number of facilities available will determine the number of points per set and the number of sets per match. This will ensure that the round-robin and the playoffs can be completed in the allotted time.
4. A Round Robin match will consist of 2 sets. In the playoffs, the best 2 of 3 sets.
5. A set is won by the teams scoring 25 points first with a minimum of 2-point lead, to a maximum cap of 27 points.
6. In the case of 2 out of 3 matches with a one-to-one tide in sets, the deciding third set is played to 15 points with a minimum lead of 2 points with no cap.
7. Each team is allowed 2 one-minute time out per set.

Determining the Winners

1. In Round Robin, teams will receive 1 point for each set won.
2. Placings in the Round Robin will determine seeding for the playoff format.
3. Tie-breaking criteria-between tied teams are applied one after the other until all ties are broken, and teams have been ranked:
 - a) Best ratio of W-L sets, considering only sets between the tied teams.
 - b) Best ratio of W-L sets, considering all sets in the Round Robin
 - c) Best ratio of points for points against, between the tied teams
 - d) Best ratio of points for points against, considering all sets in the Round Robin
 - e) As determined by the convenor (coin toss or extra set to 15 points)

D) AWARDS

Gold (60)	Men's Team 55+	Women's Team 55+	Mixed Team 55+ Mixed Team 65+
Silver (60)	Men's Team 55+	Women's Team 55+	Mixed Team 55+ Mixed Team 65+
Bronze (60)	Men's Team 55+	Women's Team 55+	Mixed Team 55+ Mixed Team 65+

E) RULE SOURCE

Volleyball Canada www.volleyball.ca with the exception listed under tournament set up and volleyball rules summary.

F) EVENT REQUIREMENTS

Equipment

1. Nets, antennae, game balls, official stand, line person flags, scoreboards, score tables, and chairs, player bench, score sheets and pencils, schedules. Net heights are as follows: for men 55+, 2.43 meters; for women 55+, 2.24 meters; for mixed 55+, 2.43 meters; and for mixed 65+, 2.34 meters.

Facilities

1. The facility must have well-marked, regulation-size (18x9 meters) volleyball courts (minimum of two).
2. The facility shall be wheelchair accessible.

G) OFFICIALS

The OSGA requires, at minimum, the following major officials for Ontario 55+ Winter Games:

For District Games, the following is only a suggestion. Participation numbers and availability of volunteers may result in fewer officials being required. Districts are encouraged to try to have the necessary officials to run the event successfully.

- A) One (1) Convenor (convenor can also be a master scorer)
- B) One (1) Referee & One (1) Umpire per court
- C) Two (2) Linespersons per court (if available)
- D) One (1) Master Scorer
- E) One (1) Scorekeeper per court

The host committee will ensure that all major officials have the required qualifications as specified by the OSGA prior to Ontario 55+ Winter Games. The host committee is also responsible for any other officials required to host this event.

Volleyball Rules Summary

1. A medical examination two months prior to the event is strongly suggested.
2. In the Mixed Divisions, there must be 3 Males and 3 Females on the court at all times.
3. There will be unlimited substitutions per set. One or more players may be substituted at the same time.
4. There is no limit to the number of times a player may leave or re-enter the set as long as he/she leaves for the same player in the same position in the rotational ratio and the male/female order is maintained.
5. The method of substitution shall be left up to a team provided the method is declared at the start of a set and is used throughout the set. e.g. one to one, or rotation The same substitution method does not need to be used by both teams.
6. Exceptional substitutions **ARE** permitted. An injured or ill player should be substituted legally. If this is not possible, the team is entitled to make an **EXCEPTIONAL SUBSTITUTION**. Any player of the same gender who is not on the court at the time of the injury/illness may substitute into the game for the injured/ill player. The replaced player is not allowed to re-enter during the set.
7. Libero players may be used as stated in the OVA rules:
 - a) A maximum of 2 liberos can be used and are not counted as substitutions.
 - b) Liberos must match the gender of the player they are replacing, to maintain the gender ratio on the court.
 - c) Libero must wear a top that is a different color from the rest of the team.
 - d) Libero is restricted to the back row, and may not serve, block, or attempt to block or complete an attack hit from anywhere if, at the moment of contact, the ball is entirely higher than the top of the net.
8. For safety reasons, a player **CANNOT** hit the ball with any part of the body below the knee.
9. Gloves and wrist supports **ARE** permitted. Track pants or shorts may be worn along with the team shirt. Any objects/jewelry that may cause injury or give artificial advantage are forbidden.
10. Only two time-outs are permitted per set.
11. Uniforms are not mandatory. Matching colors jerseys are encouraged. Bottoms do not have to match in style or color.