

Save the Date: Join Us for the Next AGM!

Location: Fairfield by Marriott Belleville

Dates: September 22-24

This year's Annual General Meeting promises to be an event to remember! Indulge in delectable cuisine, gain valuable insights, and enjoy top-notch entertainment. Plus, don't miss the opportunity to submit your nominations for the prestigious Bob Secord Award!

See you there!

Canada Games 55+ 2024 - Quebec City

The Canada Games took place from August 27-31, and we're excited to share some wonderful pictures we received from participants! You can view all the game results by visiting this link: [Events - Canadian 55+ Games \(canada55plusqc.ca\)](https://canada55plusqc.ca)





Pickleball Results. Mixed 3.5 (55+).
Gold, Silver, and Bronze: Ontario.

- 1 Photo:** Pickleball Results.
Women's 3.5 (55+). Gold and Silver:
Ontario.
- 2 Photo:** Pickleball Results. Men's
4.0 (65+). Silver and Bronze:
Ontario.

Eastern Regional Games - Cornwall



September Fitness Challenge

SEPTEMBER FITNESS CHALLENGE

Did you participate in a Regional or District Games? Share your photos and experiences with us!



Email info@osga55plus.ca and tell us what you did for a chance to win some OSGA merch!

Central Regional Games Invitation - Start Sep.8

To registration online please [CLICK HERE](#)
To register manually please [CLICK HERE](#)



INVITATION TO 55+ CENTRAL REGIONAL GAMES - 2024

Do you live in the Central Region ... i.e. any of the following districts? D3-Parry Sound, D11-Muskoka/Haliburton, D12-Kawartha Lakes/Peterborough/Northumberland, D13-Durham, D14-York, or D28-Simcoe? If so, you have a NEW OPPORTUNITY to participate in one or all of the following regional events. Prior participation in your district's games is not compulsory but membership in the OSGA is mandatory.

BOWLING - 5-PIN	Sun. Sept. 8 1 pm	Northshore Lanes, Northumberland Mall 1111 Elgin St. West, Cobourg
DISC GOLF 9 Holes	Mon. Sept. 30 10 am	Haute Goat - 1166 5th line Newtonville
GOLF 18 Holes	Tues. Sept. 10 9:30 am	Kedron Dells Golf Club - 2400 Ritson Rd N. Oshawa
PICKLEBALL 3.0 ONLY	Tues. Oct. 15 9 am to 4 pm	SG Nesbitt Memorial Arena 55 Parkside St., Minden
SWIMMING	Fri. Sept. 20 1:30 to 3 pm	Jack Burger Sports Complex 60 Highland Dr., Port Hope
TENNIS	Sat. Sept. 7 10 am	Town Park Recreation Centre 62 McCaul Street, Port Hope
WALK / RUN Prediction or Nordic	Thurs. Oct. 3 10 am	Head Lake Rotary Park 13 York St, Haliburton

If you want more information, please contact your District Coordinator or visit the OSGA's website: <https://osga55plus.ca/calendar/>

D11	Muskoka/Haliburton Jennifer Coates (705) 749-3787 jennifercoates148@gmail.com
D12	Kawartha Lakes/Peterborough/Northumberland Eva Ferguson (289) 252 1162 eva.ferguson@cogeco.ca
D13	Durham Maureen Keeping (416) 577-8867 makeeping13@gmail.com
D14	York Charlotte Widdifield (905) 476-8530 widdiefield@rogers.com
D28	Simcoe Jan Jeffery (705) 321-5453 brell222@gmail.com

Check OSGA NEW ONLINE STORE!

For all our latest OSGA merchandise check out our online store here:

[OSGA Online Store](#)



NEW COLLECTION

[HTTPS://IMPRINTEDAPPARELSTORE.COM/PRODUCT/A801-OSGA/](https://imprintedapparelstore.com/product/a801-osga/)



LOYAL PROGRAM

Save up to 10% on your stay at participating hotels

Our **LOYAL** program is designed to accommodate the business and leisure travel needs of small to mid-size businesses and association members. With over 100 hotels to choose from across Canada, booking your overnight stay has never been easier. Discounted booking links are now conveniently located on our InnVest Hotels website.

Scan the QR Code below to learn more & start saving!



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Want to be featured in our Newsletter, or have something exciting going on in your district you'd like to share? Send it to info@osga55plus.ca

You can make a Virtual Appointment for your Health Card Renewal

For more information click these links below:

[ENGLISH or FRENCH](#)

OSGA VOLUNTEERS

We are still looking for Committee members!

The OSGA is always looking for more volunteers. There are different ways that you can get involved:

Board of Directors

It is the time of year again where the OSGA starts looking for interested and qualified individuals to join our Board of Directors. The AGM is in September and most positions stand for a two year term.
1-4 Hours a month time commitment- meetings held Virtually

Committees

If you have a skillset that could be of use to the OSGA, but do not have the time to serve as a Board Member, we urge you to consider joining one of our committees so we can continue to grow and move forward.
Marketing, Technology, Revitalization, Rules & Events.
1-2 hours a month time commitment- Meetings held virtually

Districts

Our District's have their own committees that work to put on the local Games that you all know and play in. The Districts cannot operate with one person, so building a group to share the workload is imperative.

[District Committees information](#)

Please e-mail the office if you have any questions or would like to be connected with someone to talk to about your future volunteer opportunities. info@osga55plus.ca



Games Ontario Jeux de l'Ontario



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