

## Alcohol, Smoking and Drug Policy

### *Rationale*

The OSGA 55+ (Ontario Senior Games Association) strives to promote a healthy and active living lifestyle for older adults (55+) in Ontario. The desire is to meet the ever-changing needs of our membership, in which the OSGA 55+ programs are designed to offer events and activities to enhance participation at all levels. It is important to the OSGA that its members demonstrate refraining from excessive use of any alcohol, drugs, and smoking behaviour during activities, programs and/or competitions.

### *Alcohol*

All OSGA Members, volunteers and employees are encouraged to minimize consume alcohol while participating in OSGA 55+ programs, activities, or competitions at all levels (District, Regional, Provincial and Canada Games).

### *Drugs*

All OSGA members, volunteers and employees must adhere to all legislation related to the use of prescription and/or non-prescription drugs while participating in OSGA 55+ programs, activities, or competitions at all levels (District, Regional, Provincial and Canada Games).

### *Smoking*

All OSGA members, volunteers and employees must adhere to all the *Smoke Free Ontario Act* while participating in OSGA 55+ programs, activities, or competitions at all levels (District, Regional, Provincial, and Canada Games). This includes, but is not limited to, the use of tobacco, e-cigarettes, and cannabis.<sup>1</sup>

Any incident will be reported to the appropriate person or group (i.e., convener, committee, OSGA 55+ Office, etc.) who will review the incident and make a recommendation on how to proceed based on the following options:

1. Verbal warning with appropriate documentation on file.
2. Written warning to registered participant/non-participant.
3. Removal from competition.
4. Removal from all OSGA 55+ programs.

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<sup>1</sup> <https://www.ontario.ca/laws/statute/17s26#BK17>